



Nikki Darling Yoga

Privacy Policy

NikkiDarlingYoga is committed to protecting your privacy and the security of your personal information.

How I gather your information

In order to engage with classes or treatment sessions you are required to complete a form including your personal and health details. You may also provide me with information via an online contact form through www.nikkidarlingyoga.co.uk. This information is kept securely and used to provide you with a suitable service and to liaise with you regarding the service requested.

Access to your information

Please be aware that you are entitled to request access to any of the information I hold about you and I will be happy to help you with this request, it is also important that all of the information I hold about you is up to date so please do inform me of any changes.

How your information may be shared

If you have opted to be added to my mailing list then your name and email address only will be transferred to MailChimp, I understand that MailChimp also comply with GDPR. If you would no longer like to receive the mailing list then please do unsubscribe via the link at the bottom of the newsletter or email me at miss.darling@hotmail.co.uk to confirm your preferences.

How long do I keep your information for?

Due to the nature of the service provided you may choose to drop in and out of classes at your own convenience and as such I will keep your personal details for a period after our last contact.

Contact

If you have any queries or concerns please do contact me by email at miss.darling@hotmail.co.uk or by phoning 07900802120.

With much love and respect

Nikki